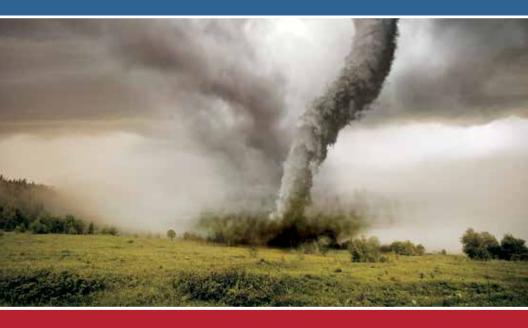
Plan. Propare. Protect.

3 steps to keep you & your family safe when **disaster** strikes











DISASTER BRINGS HEARTACHE AND LOSS.

From tornadoes in the Midwest, to earthquakes in Nepal and Haiti, to the tsunami in Japan, the suffering after a major disaster is universal. No place on earth is free from danger.

That is why Operation Blessing delivers disaster relief in real time — quickly reaching out to hurting families with hot meals, emergency supplies, helping hands, and the love of Christ.

Too often, as our teams pick through the debris of damaged homes searching for precious family mementos, we hear disaster victims say, "How could we have prepared for this?"

How you prepare for a disaster goes a long way in keeping you safe when it comes. Our disaster relief tips will help you **create, manage and execute a plan** to keep you and your family protected during a major disaster, and speed recovery after it passes.

We hope this guide is a helpful tool for your disaster preparedness arsenal, one that helps you weather the next storm in your life.

May God bless you,

Gordon Robertson, President

Operation Blessing











Disasters often strike without warning, giving victims little time to react. Having a plan and being prepared can make all the difference when your family is facing a crisis.





It is important to have all the members of your family on the same page before a disaster strikes. We suggest you sit down together and address these key things.

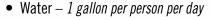


- When will you stay? vs. When will you leave?
- Meeting place for family members so you can gather and leave together.
- Evacuation route and location
- Contact information for friends and family share your plan before you evacuate
- Creating a family emergency kit. (see pages 4-7)

EMERGENCY KIT:

Food & Water

Plan to have enough food and water on hand to support your family for at least 3-5 days.



- Shelf-Stable juice and milk boxes
- Beverages powdered or canned fruit juices, milk, instant coffee, tea



- soups, beef, spaghetti, tuna, chicken, ham, packaged pudding
- Canned vegetables and fruits
- Dried fruits
- Snacks crackers, cookies, hard candy, nuts
- Snack spreads peanut butter, cheese spreads, jelly
- Cereal

- Raw vegetables
- Formula, baby food
- Sugar, salt, pepper
- Pet food







EMERGENCY KIT:

Essential Survival Supplies

Put these items aside in a plastic bin sealed with duct tape in a specific location, such as the garage.

- Flashlights and extra bulbs
- Battery-operated TV or radio
- Fully charged battery-operated lanterns

 don't get candles or kerosene
 lanterns they are fire hazards.
- Extra batteries
- Can opener
- Waterproof matches
- Clock wind-up or battery-operated
- Plastic garbage bags
- Working fire extinguisher
- Scissors
- Hygiene Supplies toilet paper, moist towelettes, hand sanitizer
- Clean change of clothes, rain gear, sturdy boots you wouldn't mind throwing away later
- Map of your area
- Wrench/pliers for disconnecting utilities at the request of local authorities
- Infant supplies, diapers
- Sleeping bags in the event you evacuate to a shelter





EMERGENCY KIT:

Important Documents

It is important to gather and protect your essential documents in time of disaster. To the right is a list of documents you should have scanned, copied, and included in your Emergency Kit.

- Names, ages, birthdates and photos of immediate family members
- Contact phone numbers
- Birth certificates
- Social Security cards
- Driver's licenses/photo identification
- Insurance information
- Mortgage or renter's documents
- School transcripts
- Benefit letters for retirement/ disability
- Medication lists



You may also consider uploading some or all of these documents to a secure cloud site such as *iCloud* or *OneDrive*.

In addition, such services are great for storing digital photos, so back up your digital photos at least once a month to avoid losing them in the event of a disaster.



PUTTING IT ALL TOGETHER

Gather all your food, supplies and documents in a centralized location and assemble your kit.

- Organize supplies and documents and place into Ziploc bags and vacuum bags for easy storage
- Place all items into a large plastic storage bin and seal with duct tape
- Establish a specific location in your house, such as the garage, where the Emergency Kit will stay

Now that you've assembled your kit and your plan, be sure to conduct dry runs as a family, so that when disaster strikes, you are sure everyone knows the plan and their part in its execution.







Tornado

DISASTER TIPS

With the availability of hurricane tracking, it's easier to prepare for hurricanes than most other disasters. Usually, there is at least a day of warning before a hurricane will strike. By paying attention, and having your kit and plan ready to go, you will be ready when the storm hits.

- Pay attention to watches and warnings issued by the National Weather Service
- Track longitude and latitude of storms to see their approach and whether or not your area will be affected
- Bring all outside plants, furniture and items not bolted to the ground inside for protection from high winds
- Evacuate early, if you decide to leave, to avoid traffic congestion

DISASTER TIPS

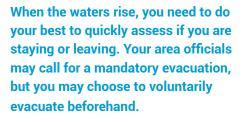
Unlike hurricanes, tornadoes can strike at any time with very little warning. If the radio or television says that a tornado warning is in effect for your area, you have very little time to get to safety.

- If your house has a basement or storm cellar, anchor yourself there, away from windows
- If you have no basement or storm cellar, find the inmost room of your house, preferably one without windows and stay close to the ground
- If you are driving, try to get to a shelter
- If you are driving and unable to reach a shelter, park, keep your seatbelt on, and cover your head with your arms, a blanket or cushion

Did You Know? A child's toy whistle can help rescue workers find you in an emergency situaton.



DISASTER TIPS



- Listen to the radio, or watch television to listen for flood warnings
- Move yourself, essential items, and electronics, to the second floor or to higher ground in home
- If you evacuate, remember not to drive through flooded areas, as your car might stall out and you will be trapped
- Take caution and walk only through still water to avoid falling and possibly drowning
- Stack furniture and wrap in large plastic bags — (truck rental and moving companies sell mattress bags which will accommodate many items)



Earthquake

DISASTER TIPS

Like tornadoes, earthquakes can hit without warning. You may only have seconds to respond when you start to feel the effects of an earthquake, so practice your response often.

- If you are standing, drop to the ground and cover your head and neck with your arms in case of falling debris
- If you are in bed, stay where you are rather than risking additional injury by trying to move around in the dark
- If you are outside, move to an open area, away from buildings and wires, and drop to the ground, covering your head and neck with your arms in case of falling debris
- If you are in a motor vehicle, stop in an open area, away from overpasses, buildings and trees, and stay in your vehicle until the shaking ends

Family Emergency Communication Plan

Address Name
Name
Name
Mobile # Other #
Email
Important medical or other information
Name
Mobile # Other #
Email
Important medical or other information
Name
Mobile # Other #
Email
Important medical or other information



School, Childcare, and Workplace **Emergency Plans**

Name	
Address	
Emergency / Hotline #	Website
Emergency Plan / Pick-Up	
Name	
Address	
Emergency / Hotline #	Nebsite
Emergency Plan / Pick-Up	
Name	
Address	
Emergency / Hotline #	Nebsite
Emergency Plan / Pick-Up	

In Case of Emergency Contact

3			
Name			
Mobile #	Home #		
Email			
Address			
Out-of-Town Cont	act		
Name			
Mobile #	Home #		
Address			
Emergency Meeting Places			
Indoor			
Instructions			
Outdoor			
Instructions			
Out-of-Neighborhood			
Address			
Instructions			

Important Numbers or Information

Dial 911 or #	
Dial 911 or #	
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LEARN MORE AT ready.gov/prepare

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